

in Brief

Ahkam

HANDBOOK

FASTING | DAILY PRAYERS | GHUSL | HALAL FOOD

THE ZAHRA TRUST MEDIA

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ZT Media takes a holistic approach in producing educational content by using cutting edge technology and diverse research methods to enhance the learning experience.

Our mission is to promote the universal teachings of the Ahlulbayt (peace be upon them) in the form of media. This mainly includes educational and inspirational motion-graphic clips and short documentaries.

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CONTENTS



03 FASTING



09 DAILY PRAYERS



13 GHUSL



19 HALAL FOOD



FASTING



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FASTING

Fasting means avoiding certain things from the time of Adhan of Fajr until Maghrib.

Know the exact time of the Adhans. Otherwise, a few minutes should be taken as precaution.



INTENTION

To seek proximity to Allah by fasting before the **Fajr Adhan**. You can make it for the entire month of Ramadhan at once.

Deliberately **eating, drinking, smoking** & the consumption of non-edible things like dust; even through a medical feeding device.

Ascribing **lies** to Allah, the Prophet & the Holy Progeny (pbut) such as quoting something they've never said.

Taking **liquid enema**. And according to some jurists, IV drips, vascular and intramuscular injection.

Deliberately **staying** in the state of **Janabah, Haydh** or **Nifas** till the Adhan of Fajr.

Deliberately entering the state of Janabah which happens by full **sexual intercourse** or by semen **ejaculation**.

Losing the intention for fasting, like deciding to break the fast will void the fasting even if nothing is eaten.

Vomiting intentionally

Immersing the entire head **under water**. (According to some jurists)

For those whom fasting could be **harmful** or cause **extreme hardship**.

Like elderly people who can't fast, and pregnant ladies or suckling mothers where fasting might harm their baby.

Note that it's one's own responsibility to decide on this issue and one might need to consult a doctor or expert to help him in making the decision.

- 1** Ladies in the state of **Haydh** and **Nifas** should not fast.
- 2** In some cases, a **traveler** should not fast.
- 3**  

DIDN'T OR COULDN'T FAST?

You have a **legitimate excuse** not to fast

For example, an ill person, a traveler or a lady in the state of Haydh.

Compensate by fasting later



if the compensation is postponed till next Ramadhan



in addition to the fasting, Fidyah should be given to the poor



The Fidyah is about 750 grams of basic food-stuff, like, wheat or bread, for each day of fasting they missed.

You didn't fast for no reason!

Compensate by fasting and by paying the Kaffarah for that day.



60 X

According to some jurists, the Kaffarah here is to fast for two consecutive months, or, to feed sixty poor people for each day.

2 X



You aren't able to fast

Like the weak elderly, or the person who was sick during Ramadhan and stayed sick all year till the next Ramadhan.



only give Fidyah

Zakat al-Fitra



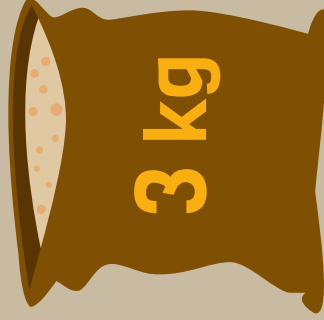
What is it?

The Zakat al-Fitra is a uniform payment obligatory on behalf of every person - whether child or adult, believer or non-believer, even non-Muslims - that should be paid for the Eid of Fitr.



How much is it?

it's three kilograms of the common food-stuff or its cash equivalent.



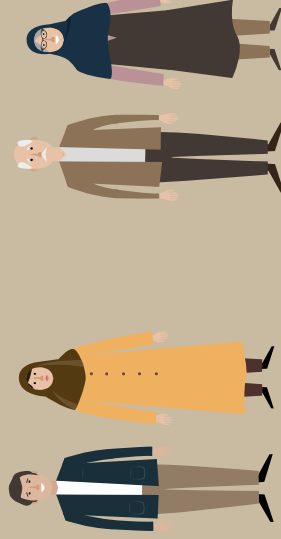
Who pays it?

it's the responsibility of the family breadwinner, if he's not poor, to pay it.



He has to pay on his own behalf as well as on behalf of all those who are his dependents on the nightfall of Eid al-Fitr.

Guests on this night should also be counted as they are temporarily under his provision.

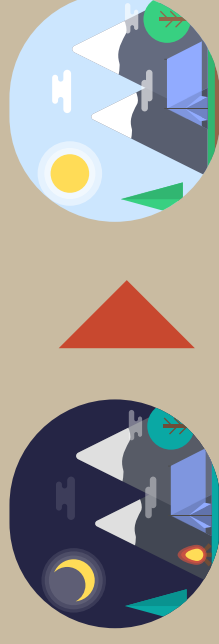


 Note, if the family breadwinner is poor, then it becomes the duty of the dependents, if they are capable, to pay it.

When should it be paid?

At the time of sunset on the night preceding Eid day till the next morning before the Eid prayer.

If the prayer of the Eid is not performed, it can be paid by noon.



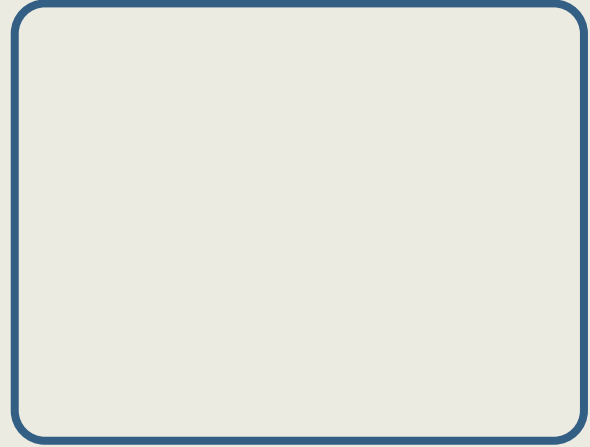
To whom should it be paid?

Our poor believers, and if none are found, then it can be paid to any poor Muslim except the Nasibis. It also can be paid to the Marjas' representative to distribute it according to the law.



What do we do in the following cases?

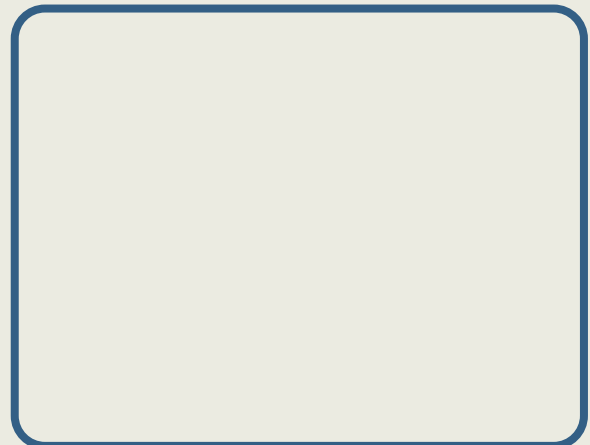
Zahra was feeling ill on the 3rd day of Ramadhan, she did not fast that day.



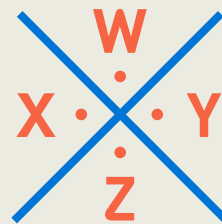
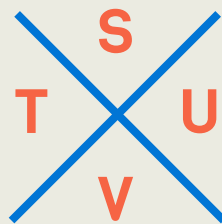
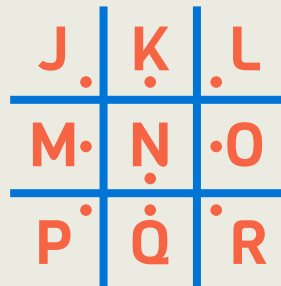
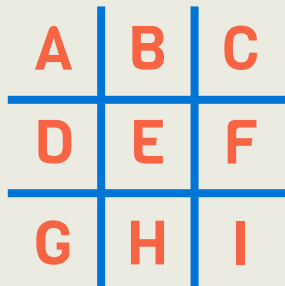
Ali didn't fast during Ramadhan because he didn't feel like it.



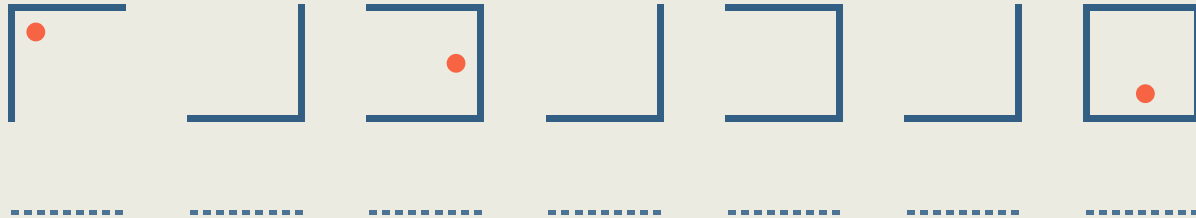
Fatima's grandmother did not fast a single day of Ramadhan.



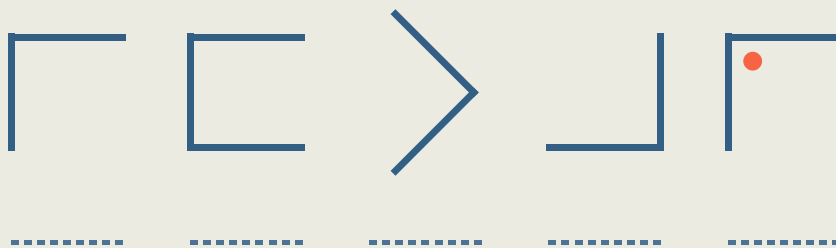
Use the legend to fill in the blanks and answer the questions below.
Letters match the shape they are in.



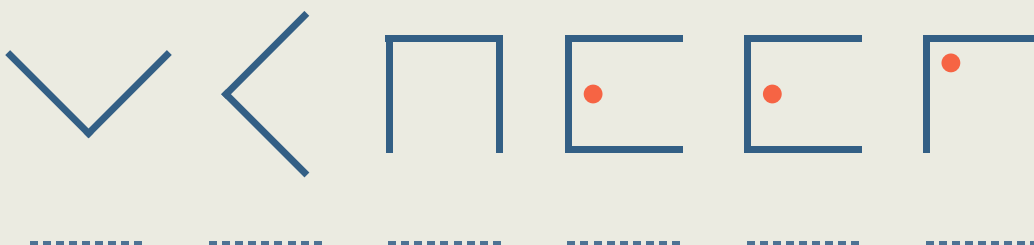
1) The month Muslims fast is known as:



2) After sunset, the fast is broken with this meal:



3) Before Dawn, the fast is started with this meal:



FASTING WORKSHEET 2

Word Jumble:
unscramble these words then use the hint to solve the question.

NAURQ

--	--	--	--	--

RITAF

--	--	--	--	--

OSROUH

--	--	--	--	--	--

ADTE

--	--	--	--

JAFR

--	--	--	--

HRBAGMI

--	--	--	--	--	--	--

AJSDMI

--	--	--	--	--	--

SUIMLM

--	--	--	--	--	--

After Ramadan ends, Muslims celebrate:

--	--	--

--	--

--	--	--	--

DAILY PRAYERS



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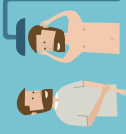
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HOW TO PERFORM THE DAILY PRAYERS

Tahara

Wudhu & if it's necessary, the obligatory Ghusl should be performed before the prayer.



The body and the dress should be Tahir. It's OK if there's a small spot of blood less than a coin size.

Make your Intention

Face the Qibla and make your intention: what prayer you are performing & to seek proximity to Allah by this act of worship.

Intention



Takbiratul-ehram

Say "Allahu Akbar" in Arabic, while you are standing.

With this, you enter the prayer and your prayer might be void if you do anything other than the acts of prayer.

Recitation

In the 1st & 2nd Rakaa recite Surah al-Fatiha from Bismillah to the end, then recite any complete Surah of Quran except 4 Surahs that have Wajib Sajda.

In the 3rd & 4th Rakaa Recite either Surah al-Fatiha or say 3 times the four-Tasbehat.



Rukoo

After reciting and after a pause, bow down to the extent that your palms reach your knees and say the Dhikr.



It's enough to say: "Subhana Rabbi al-'Adhimi wa bihamdeh" once.

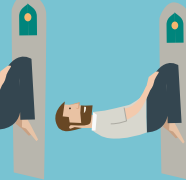
Sujud

Each Rakaa has two prostrations. Place your forehead on the earth. Simultaneously, the palms of both your hands, knees and the tips of your toes should touch the ground.



Tashahud

It is mandatory to recite the Tashahud at the end of the 2nd Rakaa, and before the Salam at the last Rakaa of your prayer.



Tasleem

Terminate your prayer by saying the Salam.

What invalidates the prayer?

Adding or missing one of the mandatory parts deliberately or carelessly, which are:

Intention, Takbiratul-ehram & the standing for it, the standing before bowing down for Rukoo, the Rukoo or the bowing & the two prostrations

Everything that invalidates your Wudhu will invalidate your prayer. Such as passing wind, urinating or sleeping, etc.



Crying for a materialistic & worldly issue.

Deliberately saying Ameen after reciting Surah al-Fatiha & folding the arms while you're praying.



Deliberate deviation away from the Qibla.

Deliberately speaking, eating, drinking, and laughing audibly while you're praying. It's OK to smile.



5 times a day



Fajr prayer is 2 Rakaa From True dawn till sunrise

Dhohr & Asr, each are 4 Rakaa From when the sun starts declining till sunset



Maghrib is 3 Rakaa & Isha is 4 From sunset till the middle of the night



What's valid to put the forehead on?



Only on Tahir things from the earth or, on the plants that grow on earth which are not edible or used in what you wear.

The Location

The place should not be usurped.

If a male & female pray in the same room, the position of the female should be behind that of the male.



The Dress

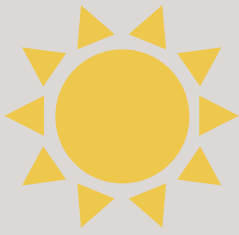
Should not be usurped

Should not contain parts of a wild animal
Males should cover the private parts and are not allowed to wear gold & pure silk.
Females should cover all the body except the face, hands and feet.

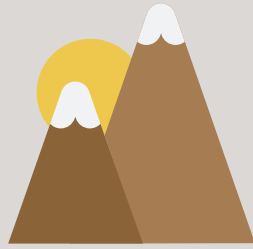


The place you put your forehead on in Sajda, needs to be Tahir. If surrounding area is Najis but it doesn't transmit to your body or dress, it's OK.

DAILY PRAYERS



sun starts going down - sunset



dawn - sunrise



sunset - middle of the night

Psst. choose one of the above.

GIHRMBA

Time we Pray?

How many Rakaa?

JAFR

OHHDR

ASHI

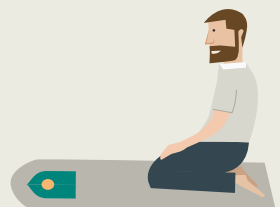
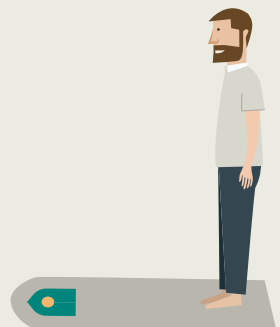
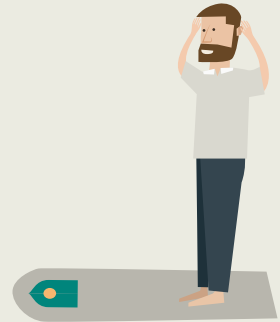
RAS

DAILY PRAYERS

2

In the boxes explain the position of prayer
and what we say during that action

In the circles indicate the order in which the actions occur



GHUSL



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The sequential Ghusl

The water should be pure or Tahir, clean, not mixed with or have something dissolved into it, and it shouldn't be usurped.

1 Make your intention to perform Ghusl to seek proximity to Allah.

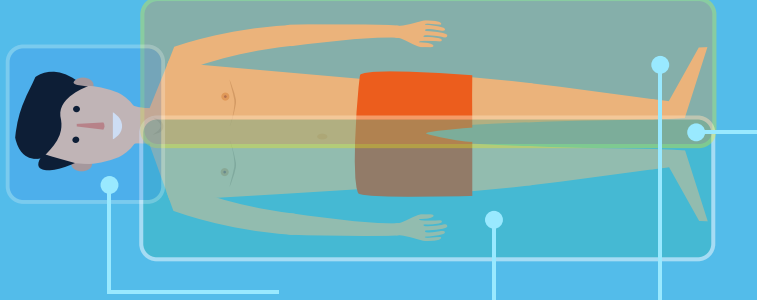
2 Wash the entire head, face and neck area.

3 Be sure to include the ears, but no need to wash the inner parts of the ears.

4 Wash the right side of the body, including the shoulder, arm, chest, stomach, back, genital areas, thigh, calf and the foot.

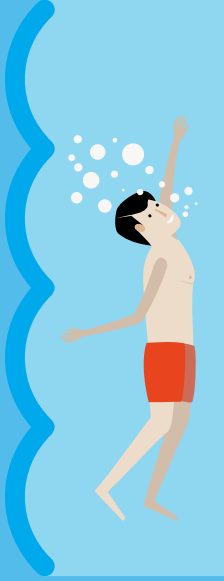
Wash the left side of your body and the genital areas just as you washed your right side. By this, your Ghusl is done.

For each of the above steps, a new "wash" should be initiated. Restart the flow of water, or move your body out of the water before starting the step.



Make your intention, and then immerse your whole body into a large body of water all at once, like diving into a pool or river in a way that water covers your entire body. By this your Ghusl is done.

The instant immersion Ghusl



Make it easier!

It is NOT necessary to perform the actions immediately one after the other. So, it is permissible to wash the head and neck, and then after some time to wash the rest of the body. However the sequence should be maintained.

Some obligatory and recommended Ghusls can be substituted for Wudhu.

Not required to wash the parts of the body from top to bottom, but rather just be ensured that water touches the skin.

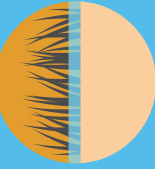
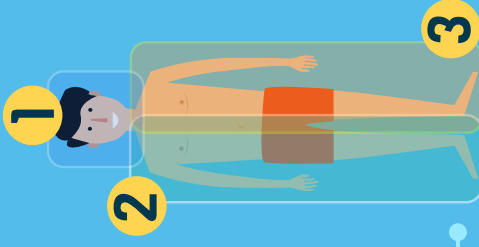
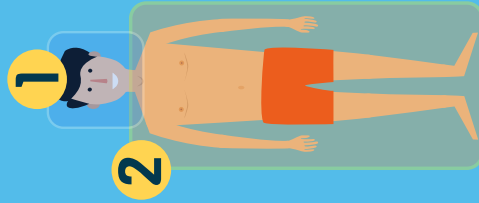
You can make the intention to do many Ghusls and only perform one Ghusl.

The order of Ghusl

The process must be done in sequence. Check this issue in your Islamic Laws book, because it may differ from Marjaa to Marjaa.

Some jurists say after washing the head and the neck, then the rest of the body should be washed.

According to some others, after washing the head and the neck, you have to wash the right side, then the left side.



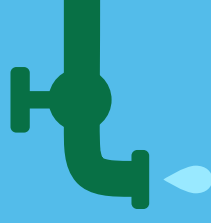
Water should reach your skin, and it is not sufficient to only wash the hair.



Any substance that prevents water from reaching your skin has to be removed.



Before performing the Ghusl, men in the state of Janabah should ensure that nothing is left inside the urethra. This can be done by urinating first.

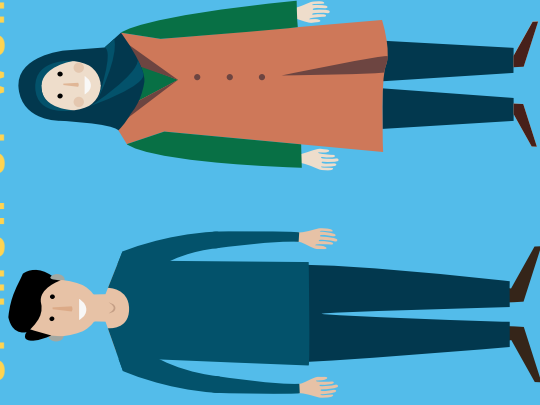


If you can't do Ghusl for a justified reason such as not having water or the water being harmful to you, then you have to do Tayammum in place of Ghusl.

Some important rules!

Obligatory Ghusls

For men or women



1 Ghusl of Janabah

The state of Janabah occurs by:

Please refer to Islamic Laws by Ayatollah Sistani rules 351 - 360

2 Touching the corpse

Required for touching a corpse after it has become cold and before it has been washed.

1 Ghusl of Haydh

Ghusl of Menstruation (Haydh) or the end of the monthly period.

2 Ghusl of Nifas

Required for the discharge of blood from a pregnant lady during or after giving birth.

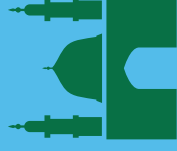
3 Ghusl of Istihadha

Required when there is a large discharge of blood which cannot be considered to be Haydh or Nifas.

Only for women



In the state of Janabah one should avoid



To stay in a mosque, or to take or drop something from it. The same goes for the shrines of the Holy Imams, peace be upon them.

But crossing the mosque is allowed like entering from one door and exiting from another. However, this is also not permissible for Masjid al-Haram in Mecca and Masjid al-Nabi in Medina.



Touching the script of the Holy Quran, the Word ALLAH, the names of ALLAH and His exclusive attributes like The Creator.



To recite the obligatory prostration verses in Suras: As-Sajda, Fussilat, an-Najm, and al-Alaq

Mustahab or recommended Ghusls



For more information regarding the Mustahab Ghusls, please refer to your Islamic Laws book.



For a specific time

On Jumuah day
On Eid al - Fitr day
On Eid al-Adha day
On the 8th of Dhul- Hijja
On Arafah day
On the nights 1, 17, 19, 21, 23 and 24 of the month of Ramadhan



For a specific place

For entry into Mecca
For entry into the haram of Mecca
For entry into Medina
For entry into the Mosque of the Holy Prophet (s)



For a specific event

For Ihram
For Istikhara
For Mubahila/imprecation with the enemy
For offering Istisqa/ invocation for rains

GHUSL

6

In the boxes write what occurs at each step of this type of Ghusl

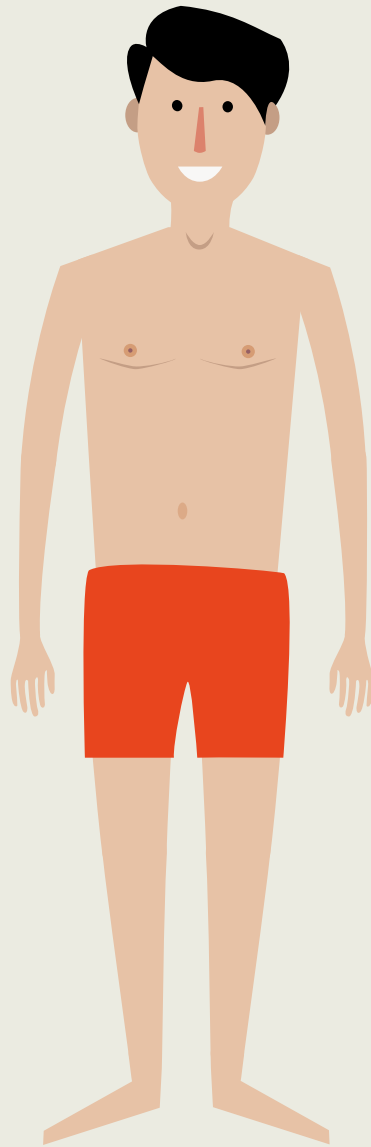


1

2

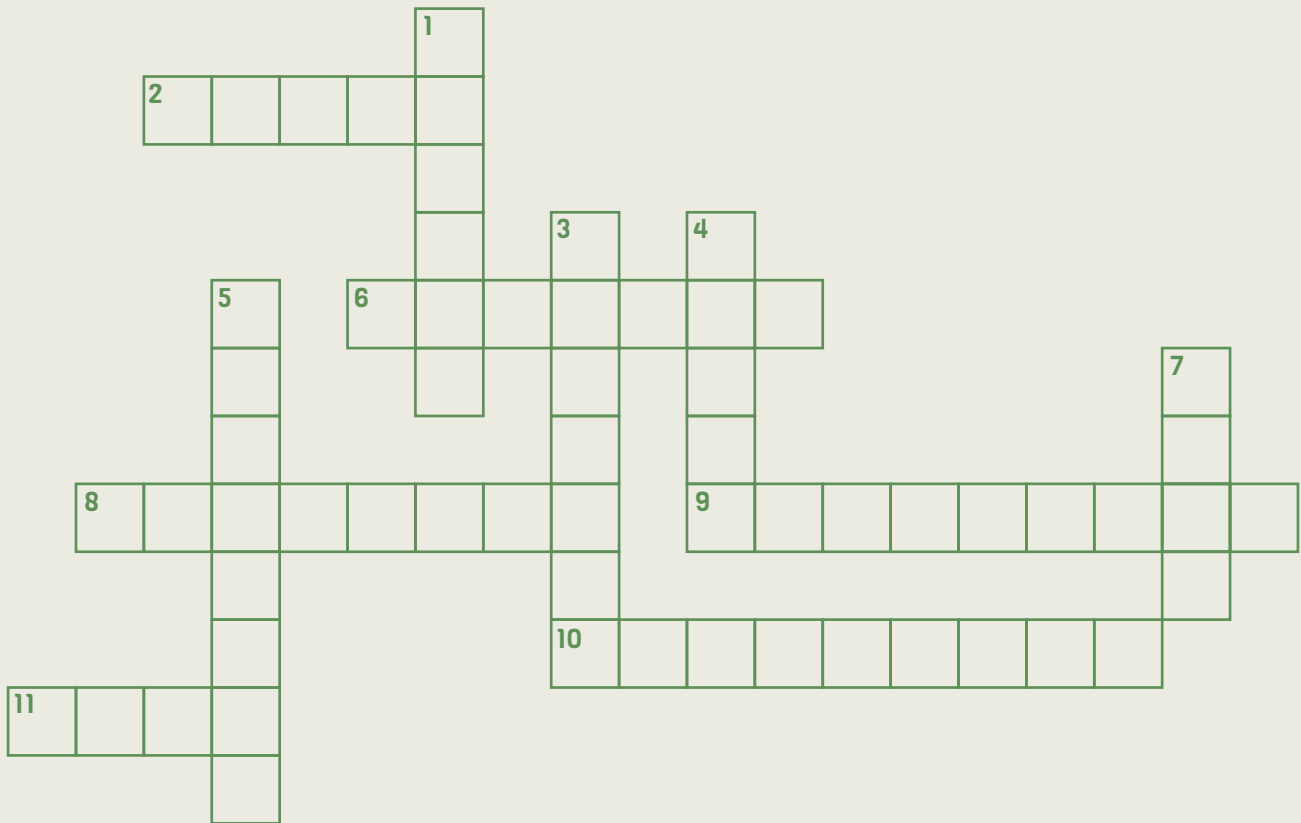
3

4



Which Ghusl is shown above?

Ghusl Crossword



Across

2. This is required when you become junub
6. If you require ghusl then you are in this state
8. A bath involving immersion of the whole body in the water
9. It is recommended that you wash this second
10. Before making ghusl you must make this
11. You must wash this first

Down

1. To some degree you must already be this to start your ghusl
3. An ordinal bath performed in two or three stages
4. you use this to make ghusl
5. It is recommended that you wash this third
7. All of this must be wet when you are finished your ghusl

Ghusl Double Puzzle

Unscramble each of the clue words.

Copy the letters in the numbered cells to other cells with the same number.

ANC

24	25	4

VAEH

2	29	14	19

OD

27	6

UOY

5	9	23

MUTAYMAM

11	30	21	17	32	33	7	31

WENH

16	12	3	10

TEWAR

1	13	18	15	20

DON'T

			,	
8	22	26		28

1	2	3	4

5	6	7

8	9	10

11

12	13	14	15

16	17	18	19	20

21	22	23

24	25	26

27	22

28	29	5	30	31	32	23	33

HALAL FOOD



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WHAT IS HALAL TO EAT? 1

HALAL-MEAT ANIMALS



To consume any of these HALAL-MEAT animals, they should be slaughtered or hunted according to the Islamic law!

TERRESTRIAL ANIMALS

✓ **HALAL**
ALL DOMESTIC ANIMALS

ALL types of sheep, cows and camels
Makrooh/Abstain from horses, mule & donkeys

✓ **HALAL**
SOME WILD ANIMALS

Antelopes, deer, cows, rams, roe deer and zebras



✗ **HARAM**
ANIMALS WITH TUSKS AND PREDATORS WITH CLAWS

Such as walrus, boar, lions and foxes
Dogs, pigs and cats, although considered pets in some cultures, are also Haram

✗ **HARAM**
MUSUKH ANIMALS
ALL SMALL ANIMALS THAT LIVE UNDERGROUND

Or literally "Transformed" animals such as monkeys, elephants, bears, rabbits and hares
Such as mice, snakes and hedgehogs



Method 1

FROM THE WAY THEY FLY!



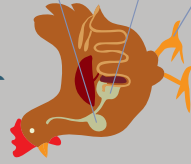
If the bird glides in the sky more than it flaps its wings, it's a bird of prey and it's Haram to eat it



if it flaps its wings more than it glides in the sky, it's Halal to eat

Method 2

FROM HAVING A CROP, GIZZARD OR SPUR



Crop
is a pouch in the gullet where food is temporarily stored

Gizzard
is a part of the stomach where grits are stored

Spur
is a horny spike on the back of the feet of the bird

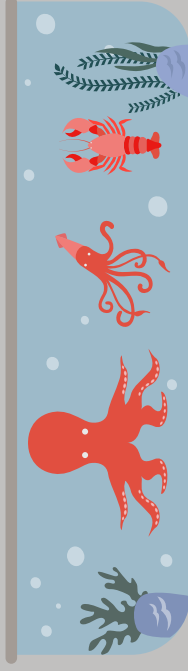
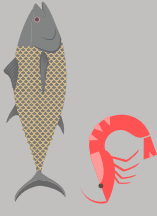
If the bird has crop, gizzard or spur, it means it is Halal to eat it

If the results of these two methods contradict, the first method should be applied

AQUATIC ANIMALS

✓ **HALAL**
All fish that have scales

Only shrimps or prawns from non-fish animals



✗ **HARAM**
Fish which originally don't have scales

All non-fish sea animals (except shrimps) like octopuses, shellfish, crabs, etc.

INSECTS



✗ **HARAM**

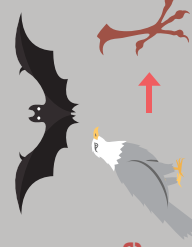
All kinds of insects are Haram, whether they fly such as butterflies and wasps or other kinds such as lice and worms.

✓ **HALAL**
The only exception in this group is Locusts

BIRDS

✓ **HALAL**
Birds which have feathers and are NOT a bird of prey

✗ **HARAM**
Those that have no feathers

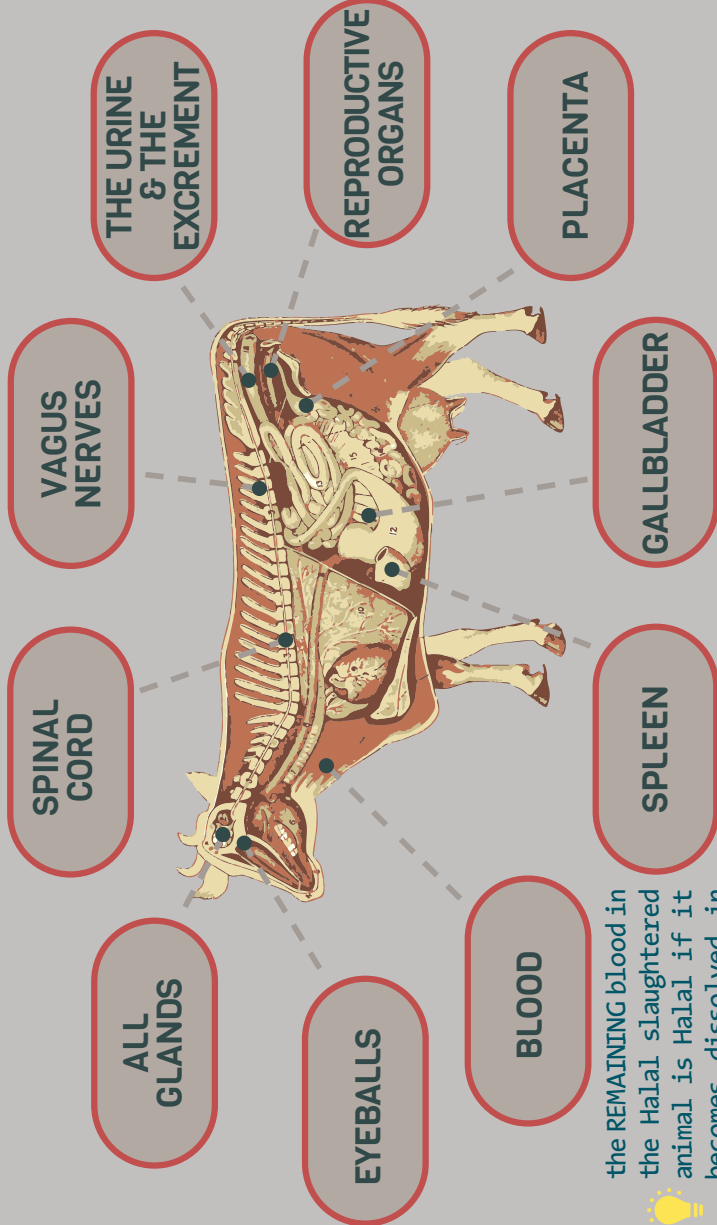


All birds of prey that have claws or talons

WHAT IS HALAL TO EAT? 2

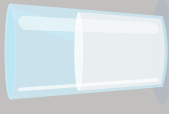
💡 Even if the animal is slaughtered in a Halal way, we are not allowed to consume these parts!

HARAM PARTS OF A HALAL ANIMAL



💡 the REMAINING blood in the Halal slaughtered animal is Halal if it becomes dissolved in the food.

DAIRY PRODUCTS & EGGS



ARE HALAL IF THEIR SOURCE IS A HALAL ANIMAL

IDENTIFY UNKNOWN EGG

✓ CHECK ITS TWO POLES



If they're unequal in shape, as the egg of a chicken, then it is Halal



If both poles are similar, the egg is Haram

SOME HALAL ANIMALS MAY BECOME HARAM

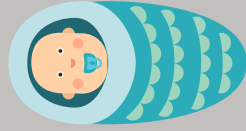
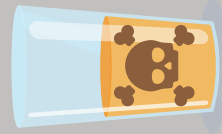
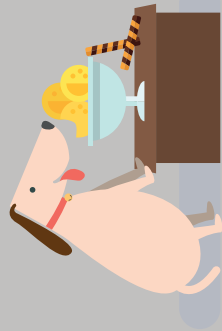
For example, if the halal animal suckled from a pig, ate feces of a human being or drank wine until drunk, it becomes Haram to eat that animal



HARAM NON-ANIMAL PRODUCTS

EVERY NAJIS THING

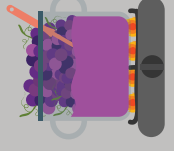
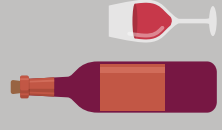
ANYTHING THAT WOULD SERIOUSLY HARM THE EATER



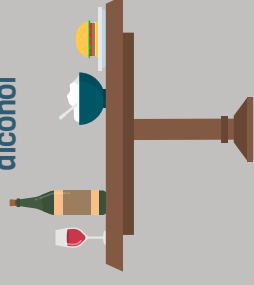
Except the soil of the grave of Imam Hussain (pbuh) if used for cure

THE WOMAN'S MILK IS HARAM FOR ANYONE EXCEPT INFANTS

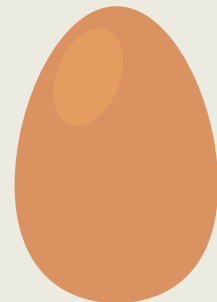
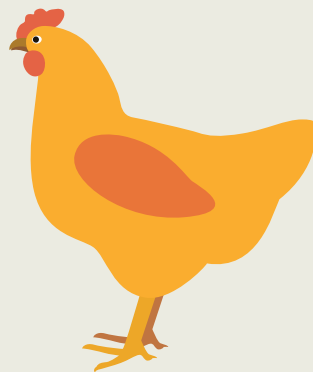
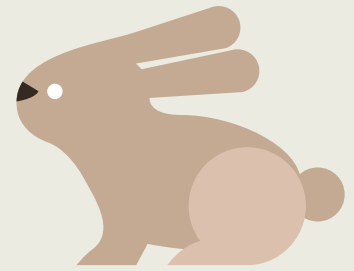
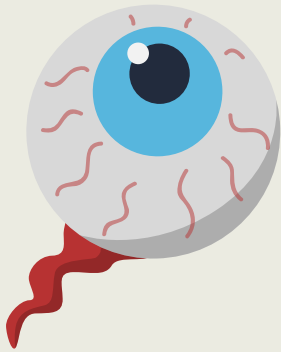
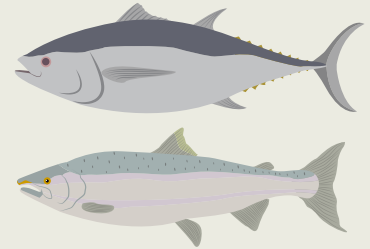
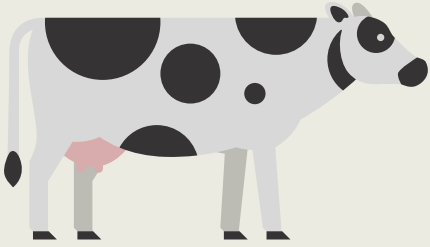
BEER, WINE, ALL INTOXICANTS & BOILED GRAPE JUICE IF IT HAS NOT BEEN REDUCED BY 2/3



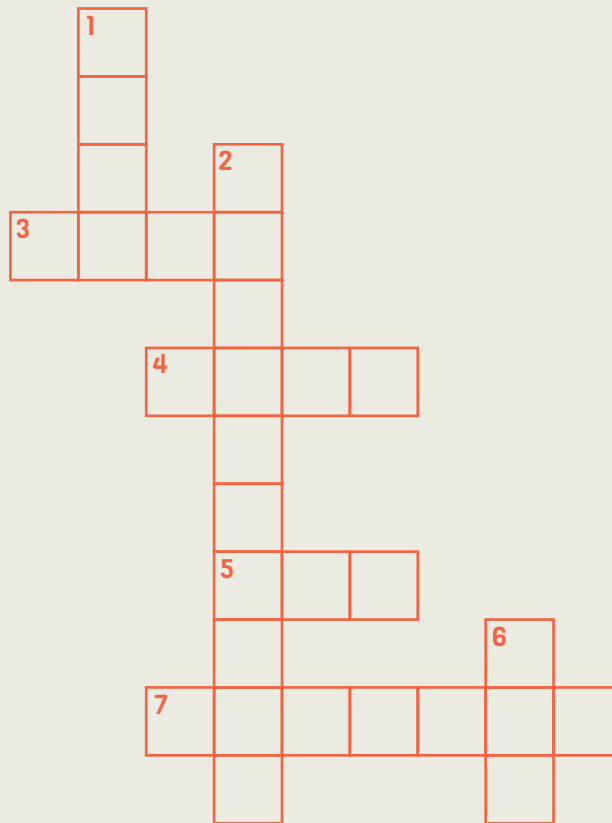
It is also Haram to eat food at the same table where others are consuming alcohol



ARE THESE FOODS HALAL OR HARAM?



Haram non-animal products (part.2)



Across

- 3 Intoxicant Drink
- 4 can be found on the beach
- 5 A mixture of water and soil
- 7 A drink that harms you

Down

- 1 boiled grape juice
- 2 Only for infants
- 6 Najis animal

Word Bank

- | | | | |
|---------|------|-------------|-----|
| sand | Beer | wine | mud |
| Alcohol | Dog | Breast Milk | |

WHAT IS HALAL TO EAT PART 1, WORKSHEET 1

Draw a Circle  around all of the following which are Halal for Muslims to eat, and a Square  around all the following which are Haram for Muslims to eat.

COW

LOCUSTS

PIG

DOG

LION

LAMB

CRAB

ELEPHANT

TIGER

CHICKEN

SQUID

DEER

RAT

CAMEL

GOAT

LOBSTER

TUNA FISH

EAGLE

RABBIT

SHEEP

WORMS

SHRIMP

OCTOPUS

ZEBRA

WALRUS

HALAL FOOD

25

WHAT IS HALAL TO EAT PART 1, WORKSHEET 2

Haram, Halal, or Makrooh?

ANIMAL	STATUS
HORSE	
CHICKEN	
BUTTERFLY	
SQUID	
LION	
ZEBRA	
SHRIMP	



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